



*“Personal Legacy
Statement”
Guide*



What is a Personal Legacy Statement?

A Personal Legacy Statement is a letter from you to your loved ones sharing with them your love, your values and your life's experiences.



Why Should I Write One?

“Much unhappiness has come into the world because of things left unsaid.”

- Dostoevsky

It is a chance to say the things that are often left unsaid . . .

a chance to speak to future generations . . .

the power to . . .

transform or change someone’s life – today or 30 years from the date it is written . . .

give someone you love “the gift” of telling them how important they were to you . . .

teach, knowing that the lessons of your life will be passed on to benefit someone that you care about . . .

heal by saying “I am sorry” – or “I forgive you” . . .

give someone “wings” . . .

give someone “roots” . . .

an opportunity to pass on your legacy . . .

to be remembered.

How to Share Your Legacy

Share Your Love . . .

- *Your feelings for your children and grandchildren*
- *Why you are proud of them*
- *Reflect on some family traditions and/or special times you have shared*

Share Your Values . . .

- *Values that you were brought up with and that have guided you through life*
- *Values that you have learned*
- *How to be a good*
 - *Husband or Wife*
 - *Father or Mother*
 - *Son or Daughter*
 - *Friend*
- *Your advice for leading a successful life*
- *Your beliefs in a higher being*
- *Your beliefs in America*

Share Your Life's Experiences . . .

- *Your memory of your parents and grandparents*
- *Your childhood*
- *Your achievements (schooling, careers, athletics etc)*

